

Quotes from Public Health Experts

“First, an e-cigarette does not involve the ‘inhaling, or exhaling of smoke.’ Smoke is defined as ‘the gaseous products of burning carbonaceous materials made visible by the presence of small particles of carbon.’ To be sure, one definition of smoke is ‘fume or vapor often resulting from the action of heat on moisture.’ That, however, is not the way the term smoke is commonly understood. Statutes should be construed under their “ordinary and plain meaning.’ Water vapor containing traces of particulate matter, such as water evaporating from a tea kettle, is not ordinarily understood to be ‘smoke.’ An e-cigarette does not function in manner of a traditional cigarette because it functions electrically rather than via combustion of a material such as tobacco. Therefore, the vapor emitted by an e-cigarette would not fall within the definition of ‘smoke’ or ‘smoking’ in § 15.2-2820. Second, an e-cigarette is battery powered and is not ‘lighted’ as that term is commonly understood. No flame is involved in its operation.”

— **Kenneth T. Cuccinelli, VA Attorney General**

<http://www.vaag.com/OPINIONS/2010opns/10-029-Peace.pdf>

"Smokers smoke because they are addicted to nicotine in cigarettes, but it is the smoke, not the nicotine, which causes a long list of diseases, including lung cancer, heart disease, stroke and emphysema."

— **New York State Health Commissioner, Richard Daines, M.D.**

“Nicotine is the addictive ingredient in cigarettes that keeps smokers hooked, but it's not the ingredient that harms smokers' health," emphasized Ursula Bauer, Ph.D., M.P.H, director of the state's Tobacco Control Program. "With safe nicotine products, smokers can give up the smoke without giving up the nicotine.”

— **Ursula Bauer, Ph.D., M.P.H, director of the New York State Tobacco Control Program**

http://www.health.state.ny.us/press/releases/2008/2008-01-28_commissioner_petitions_fda_to_make_nicotine_therapies_easy_to_buy.htm

“Second hand mist from an e-cigarette is not smoke at all, and does not contain any substance known to cause death, short or long term, in the quantities found. It becomes invisible within a few seconds, and is not detectable by smell.

— **Dr. Murray Laugesen, Health New Zealand, foremost expert on electronic cigarettes**

<http://www.healthnz.co.nz/ECigsExhaledSmoke.htm>

“All that's happening is you're heating up a liquid to the point of becoming a vapor. So referring to it as smoke doesn't make sense at all. Therefore, considering it subject to a smoking ban doesn't really make sense, either.”

— **Dr. David Baron, Chief of Staff at UCLA Medical Center, from a video interview**

http://www.youtube.com/watch?v=pnVsVhystFw&feature=Playlist&p=CE289D5633179547&playnext=1&playnext_from=PL&index=10

“As one who experiences severe headaches, sneezing, watery eyes and other sinus problems from exposure to very little secondhand tobacco smoke (a key reason I’ve been an outspoken smokefree indoor policy/law activist since 1986), I’m delighted and relieved to report that I experienced NO adverse reactions during or after my mega exposure to e-cigarette vapor.”

— **William T. Godshall, Executive Director, Smokefree Pennsylvania**, from a report on attending a conference for electronic cigarette consumers

“There is no existing evidence that e-cigarettes pose a risk for nonsmokers. The nicotine exposure from the exhaled vapor produced is likely to be extremely small and there is no reason to think that it poses a danger for nonsmokers. But there is certainly no evidence to suggest that it poses a hazard.”

— **Dr. Michael Siegel, Professor of Social and Behavioral Sciences, Boston University School of Public Health**, who also has 20 years of experience in Tobacco Control (TobaccoAnalysis.blogspot.com)

“The claim that the trivial amount of vapor would be much of a risk seems ridiculously far-fetched.”

— **Dr. Carl Phillips, TobaccoHarmReduction.org**

“There is substantial and compelling scientific research documenting that consuming the ingredients in e-cigarettes (nicotine, propylene glycol, water and flavors) is vastly safer than burning tobacco and inhaling 3000+ toxic by-products. Claiming that e-cigarettes are dangerous for non-smokers is about as credible as claiming that air travel is dangerous for people who never set foot in an airplane.”

— **Dr. Brad Rodu, Professor of Medicine at the University of Louisville**
<http://www.ecigarettedirect.co.uk/campaign/scientists-dispel-ASH-junk-science.html>